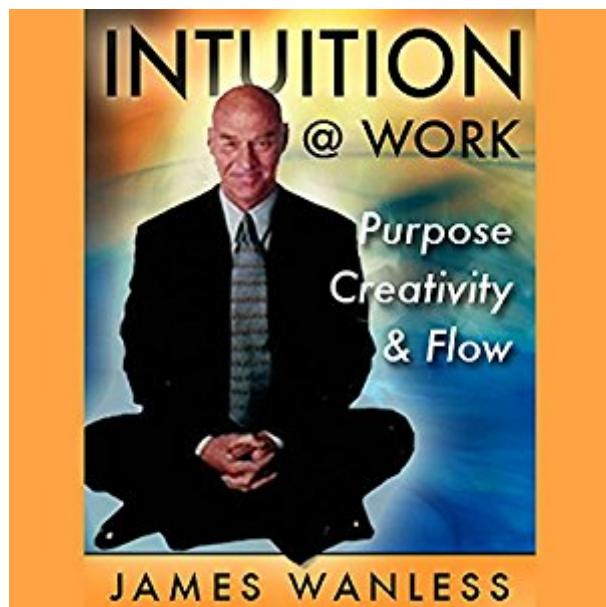


The book was found

Intuition @ Work: Purpose, Creativity And Flow



Synopsis

Intuition @ Work is full of James Wanless's tried and true wisdom on how to wring success from life at all levels. Using the workplace as his main focus, he reveals the inner workings of intuition and how it can be utilized to create an authentic life by first "feeling the feeling." Businesspeople must look to the future, be innovative, make difficult decisions in uncertain conditions, be adroit at handling relationships, and keep moving with action and energy under the pressure of performance - all qualities that intuition feeds. Wanless introduces techniques he's developed: * symbolic picture taking, * strategic story telling, * creative walking, * deliberate dreaming, * truth humming, * intellectual loafing. Intuitive fitness is ours when we follow these practices daily. Wanless shows how intuition can improve careers and relationships, and make decisions that ring true to intention. The book is punctuated with quotes from thinkers like Einstein, Paul Gauguin, Helen Keller, Walt Disney, and Emily Dickinson, among many others. --This text refers to an out of print or unavailable edition of this title.

Book Information

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Customer Reviews

If I correctly understand Wanless' core ideas in this book, intuition is always "@ work." The challenge is to access it, nourish it, and be guided by it...usually in combination with one or more other resources such as emotional intelligence which Daniel Goleman discusses so brilliantly in Emotional Intelligence, Working With Emotional Intelligence, and most recently published Primal Leadership, co-authored with Annie McKee and Richard E. Boyatzis. How to describe Wanless' book? First of all, extensive research (his and others') has convinced him that intuition may well be

the single most important, and potentially the most valuable, of all resources available to human beings as they struggle to understand themselves and the world in which they live and work. For most of us, we prefer to rely on our powers of reasoning, our personal experiences, and the judgment of others to make decisions, to assign value, and to select goals to pursue. As a result, we can sometimes deny or ignore what Wanless characterizes as a "life force" within each of us and thereby forfeit "extraordinary, perhaps even revolutionary, ways of comprehending ourselves." I am reminded of the key point Ernest Becker makes in *Denial of Death*: Although no one can deny physical death, there is another death which we can deny. That is the death which occurs when we become wholly preoccupied with fulfilling others' expectations of us. Wanless asserts (and I agree) that trusting one's intuition can help us to identify and then fulfill what we expect of ourselves.

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